

MAT GYM & MAT Hockey Training

Located on the Second Floor inside of Fraser Hockeyland...



- **Professional Instructors**
- **High Intensity Training**
- **On and Off Ice Training**
- **Develop your Skills, Strength and Power**
- **All Ages and Skill Levels**
- **Group and 1 on 1 Training**



For More Information Please Visit <http://www.mathockey.com/services.html>

Or Call 361-877-9999

"Take It to The MAT!"